

WINTER SALE

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Sport



Heriot's title tip

Lessons to be learned: Heriot's Ne'erday defeat by Hawick, in which scrum half Alex Snow (left) played a star role, will set them up for victory in the First Division rugby title race, says Bill Lothian. See Page 15



Sherban's joy

A RECORD entry of almost 200 braved the elements to take part in the annual Portobello "Promethon" yesterday. British students' cross country international John Sherban from Leeds, now a student in Edinburgh and representing Falkirk Victoria, won in 19 mins 08 secs, an excellent time considering the cold east wind the runners faced on the outward half of the four-mile race along Portobello promenade and back. Sherban held off the holder Brian Kirkwood (ESPC) by four seconds with two other previous winners, Adrian Weatherhead (ESPC) and Gary Brown (ESPC), third and fourth respectively. The first woman was Woking visitor Zara Hyde who beat hill-running internationalist Jane Robertson (Ayr Seaforth)

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